2020 Native Village of Eklutna Annual Meeting was well attended on the same day for the start of the Iditarod. That day our Tribal Members had the opportunity to enjoy the gathering together to demonstrate our unity. Southcentral Foundation, (SCF), for the fourth year in a row, provided a wonderful space at the Nuka Learning and Wellness Center. Cook Inlet Tribal Council, (CITC), SCF, and other key partners were in attendance to provide information and guidance to benefit Tribal Members. The NVE Land and Environment Department set up a nice informational table to create awareness of the Eklutna River Restoration Project. The NVE staff dutifully sought updated contact information for accuracy in managing the Enrollment Department. NVE was honored in welcoming our guest.

COVID UPDATE: WEBSITE RESOURCES

- Municipality of Anchorage: https://www.muni.org/covid-19/Pages/default.aspx
Native Village of Eklutna Tribal Council Members

Aaron Leggett, President
Maria Coleman, Vice-President
Shirley Craig, Treasurer
Dorothy Cook, Secretary
Angeleen Waskey, Trustee
Tresia Coleman, Trustee
Dustin Lorah, Trustee

Mission Statement

To empower lydlughet Qayaht’ana (Ekutna Village People) and strengthen our Nation.
Message from Eklutna Village Clinic

Dear Valued Customer-Owner,

At Southcentral Foundation, one of our top priorities is the health and well-being of our customer-owners’.

Eklutna Village Clinic remains committed to providing and delivering quality healthcare. We want our customers-owners to know that you can attend your medical and behavioral appointments by using a phone, smartphone, tablet, or computer. The local clinic is currently open for regular business hours however, we are asking the community to follow these guidelines:

1. Call clinic: (907) 688-6031
2. Only visit the clinic for urgent needs

This will allow our clinical team to assess your next steps (over the phone), in hopes to minimize everyone’s exposure to COVID-19.

Due to the many changes occurring, we recommend visiting the reputable links below, for the most up to date information.

AK DHSS site: http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx
CDC website: http://www.cdc.gov

If you have any additional questions, please call the clinic.

Sincerely,
Eklutna Village Clinic Staff (Terrin, Kammie, Cary and Erica)
speaker, Former Alaska Lieutenant Governor, Commissioner of Alaska Department of Health and Social Services, Lawyer for Alaska Native Tribal Health Consortium and recently hired President of Alaska Pacific University, Valerie Davidson. The Tribal Membership felt very strongly on the topic of the Biennial Potlatch/Pow Wow, which was canceled. The Members voiced to the NVE leadership that the Pow Wow should commence for 2020. President Aaron Leggett was gracious in hearing the boisterous message from Members and voted to hold the Pow Wow this year. Due to the COVID-19 virus, the Pow Wow has been postponed until August. This will be determined based on the reopening and following all the State and Federal Mandates regarding COVID-19. NVE’s leadership and staff provided updates and progress from Fiscal Year 2019. NVE announced accomplishments, activities, duties, improvements and actions to be taken in the coming year.

The NVE Tribal Council Election went very smoothly. The Election was overseen by the Election Board which consisted of Aaron Leggett, Dustin Lorah and Susan Olson. The Election Committee Members were consultants Bartz and Samantha Englishoe, Tanya Nickoli and Faith Rukovishnikoff. Between the Election Board and Committee, the election was completed according to the Election Ordinance. The results were Maria Coleman, Vice President, Shirley Craig, Treasurer and Angeleen Waskey, Trustee. Congratulations.
Annual Community Clean-up Week

The NVE annual Community Clean-up week will be held concurrently with the Anchorage Borough Community Clean-up event. This allows us to utilize free dump days at the Anchorage Landfill and keep this event low cost for the community members. This year the NVE Community Clean-up will be held the week of May 4th to May 9th.

The Land and Environment Department will be able to haul items to the dump on Thursday, Friday, and Saturday morning of that week. The LE Department does not charge for pick up and dump services. Some items the landfill charges $20/each item to dump, such as refrigerators and freezers. This fee is to be paid by the resident, not NVE. Hazardous wastes such as leftover paint, used motor oil, old pesticides/herbicides, and car batteries are free to dump during this week, but require a log to be turned in to the hazardous waste center at the landfill. Large items include normal household items (mattresses, broken furniture, etc.). This year, we will also be able to collect unwanted medications. A special bag will be available at the NVE office if you would like to throw out medication. Medication can also be brought to the office during this week only and dumped in the used medication container. The LE Department will dispose of these bags/containers at the end of the week. Trash bags will also be available at the NVE office.

Fee Schedule:

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Household goods (furniture, washers, dryers, and other household trash)</td>
<td>Free</td>
</tr>
<tr>
<td>Hazardous Wastes (leftover paint, used motor oil, old pesticides/herbicides, and car batteries)</td>
<td>Free</td>
</tr>
<tr>
<td>Medications (Disposal bags available in NVE Office)</td>
<td>Free</td>
</tr>
<tr>
<td>Refrigerators and Freezers</td>
<td>$20/unit</td>
</tr>
</tbody>
</table>

Due to funding limitations, we are only able to pick up items from the village area. If you have large items and no way to haul them to the dump, please contact the LE Department at 688-8522 to discuss options that we may be able to help with. Anyone can bring items or medications to the NVE office to be dumped during this week. The medication disposal will be outside the main office from 9-5 Monday through Friday, individual medication disposal packets are available for pick-up starting May 4th. Please call the NVE office to request an individual packet (688-6020).
Unused Medications?

Expired Medications?

There will be a bucket to dump them into at the main NVE office.
We can accept:
Pills  Patches  Liquid

This service is open to everyone regardless of residency. There will be no record of contents or medications dumped.

Individual Disposal Packets are also available FREE at the NVE Main Office Starting May 4th.

Call 688-6020 or text 691-4843 for more information

NVE Christmas Party 2019

The Native Village of Eklutna had its Annual Tribal Membership Christmas Dinner on Saturday, December 14, 2019 at the Our Redeemer Lutheran Church. We are very grateful to Pastor James Baumgartner for continuing to host us at his Church.

In our native culture, it is important that we all take the time to connect and visit not only year around but especially during the holiday season. A time to sit and enjoy each other’s company is something we can never take for granted.

The NVE Traditional Council and staff always look forward to the Christmas dinner and other tribally sponsored events. It is a time for you to “Be Our Guest”.

The Christmas dinner was a great success. Successful because of all those like you who took the time to attend. Holiday cheer filled the room with sounds of children playing and the chatter amongst the young and old. The aroma of the delicious dishes prepared by the staff and tribal members were enjoyed by all.

The dining area was beautifully decorated in preparation for the arrival of our "special guest". He came with gifts in hand for the children both young and old. The children sat patiently with smiles on their face as they waited patiently for their turn with Santa. Gifts were distributed by Santa and the NVE staff and families were given the opportunity to have pictures taken with Santa.

Chin’an to everyone who helped. We hope you and your loved are healthy and safe.

To stay up to date on current NVE events please go to our website at www.eklutna.nsn.gov or our Facebook page.
Bone Fish Hook Class

The winter cultural/environmental activity was bone fishhook making. We worked with Monty Rogers from Cultural Alaska to learn how to make traditional bone fish hooks. Monty taught how traditional hooks were made with natural materials and how that changed overtime. One style of hook we made was has been found throughout Alaska, but the model picture was taken off a Dena’ina specimen from Iliamna circa 1930. The class used bone blanks and square nails to create the bone hook. The bone blanks were shaped using tools (stone at first, then ‘modern’ tools) to resemble little fish. Then a hole was drilled through the bone and the nail inserted and bent to form a hook. An older hook would have used a claw or another piece of bone for the hook. A second hole was drilled in the other end of the bone to tie a ‘string’ to.
The second fish hook that was made was just a toggle or Gorge hook. This hook was simpler to construct. The bone blank was tapered down on each end, and a either groove was added to the center of the bone or a hole was drilled in the center. The ‘string’ was then tied to the center of the bone. The class discussed fishing methods with these two hooks. Due to weather, we were unable to test these hooks in the water.
Thanks for participating, share more ideas with us.

The Social Service Department is going through some temporary changes due to Covid-19 and the social distancing mandates. Services are still in place. However, we will be conducting all appointments via phone. To access service please call the Native Village of Eklutna at (907) 688-6020 or send an email to dharris@eklutna.org. Please look out for one another during these times. Contact your elders, neighbors and extended family members, even if other people are doing so already. 211 is the phone number to get all of the latest information on any services needed within the State of Alaska. Just a reminder, if Office of Childrens’ Services, (OCS) calls, writes or visits you PLEASE contact me ASAP, so that I can advocate for you and your family. To report child abuse, call the state hotline toll free 1-800-478-4444.

Chin’an, Dawn Harris, Case Manager
In response to the COVID-19 Pandemic, CITC has transitioned to a remote delivery model. The hope is to minimize impact to our participants and community by utilizing technology in creative ways to maintain program activities. This was an incredibly difficult decision to make, but we are driven to action by the recommendations of health officials.

Below are some direct impacts/changes our organization has made in response:

Building Access: Per our Emergency Operations policy, we have transitioned the majority of services to a remote delivery model. With the exception of a few staff members, the Nat’uh service center, Fab Lab and Education center are closed until further notice.

Hiring: CITC will be putting a temporary pause on hiring, except for positions deemed strategic and critical.

Communications: CITC staff are currently working remotely and have access to all forms of communication. It is encouraged for our Tribal Partners to direct all comments, requests and inquiries to CITC Tribal Liaison.
Benefits Of Having An Internship:

- Great Job Training!
- Work a minimum of 20 hours/week
- Money!
- Giving back to community
- Meet new people!
- Builds bridges for opportunities

HURRY! Because spots fill fast! Pick up an application NOW

Looking for a internship!? 

Do You Meet The Requirements?

- Alaska Native, American Indian
- Between the age of 14 to 24 years old
- Meet income guidelines

Cook Inlet Tribal Council ETSD Rural Youth Services is looking for any Alaska Native or American Indian students that are between 14-24 years old who are interested in a paid internship to grow your experience and giving back to your community!

For more information contact:
Faith Rukovishnikoff
Native Village of Eklutna
907-688-6020

**Eklutna Inc - Scholarship Programs**

**Eklutna, Inc.**
**Scholarship and Grant Program**
Administered by
The CIRI Foundation and
Cook Inlet Tribal Council

**Purpose**
The purpose of the Eklutna, Inc. Scholarship and Grant Program is to provide educational opportunities for the success of Eklutna Beneficiaries through achievement of lifelong learning and personal development while respecting self-determination and culture.

**Eligibility**
Eligible applicants for EI scholarships and grants, as defined in the Alaska Native Claims Settlement Act of 1971 (43 US.C. 1602(b)), include Alaska Native people who are original enrollees to Eklutna, Inc., natural or legally adopted such as a child, grandchild, great-grandchild, etc. whether or not the lineal descendant owns EI shares of stock.

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**El Program Contact**

**The CIRI Foundation**

Kyla Morris
Vice President/Director of Programs
The CIRI Foundation
3201 C. St. Anchorage, AK 99503
Tel: (907)-793-3575
Toll Free: (800) 764-3382
Fax: (907) 793-3585
Email: tcf@thecirifoundation.org
Website: www.thecirifoundation.org

**Cook Inlet Tribal Council (CITC)**

Employment & Training Services
Administrator, EI Program
Address:
3600 San Jeronimo Drive, 3rd Floor
Anchorage, AK 99508
Tel: (907) 793-3300
Fax: (907) 793-3394
Website: www.citci.org

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<table>
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<th>Estimated Approval Decision</th>
<th>Estimated Award Payment</th>
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<tr>
<td>Merit Schol</td>
<td>June 1; December 1</td>
<td>4 weeks</td>
<td>5-7 days</td>
</tr>
<tr>
<td>Voc Training Grant</td>
<td>Mar 31; June 30; Sept 30; Dec 1</td>
<td>3 weeks</td>
<td>5-7 days</td>
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<table>
<thead>
<tr>
<th>Type</th>
<th>Deadline</th>
<th>Approval Decision</th>
<th>Award Payment</th>
</tr>
</thead>
<tbody>
<tr>
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<td>No Deadline</td>
<td>1 week</td>
<td>5-7 days</td>
</tr>
<tr>
<td>Child- Adult Grant</td>
<td>No Deadline</td>
<td>1 week</td>
<td>5-7 days</td>
</tr>
<tr>
<td>Urgent Access Grant</td>
<td>No Deadline</td>
<td>1 week</td>
<td>5-7 days</td>
</tr>
</tbody>
</table>
SAFETY TOPIC: Carbon Monoxide (CO) Poisoning

Carbon monoxide (CO), is an odorless, colorless, and poisonous gas often referred to as the “Invisible Killer”.

How is CO harmful to us? It displaces the oxygen in your bloodstream, which then leads to hypoxia – an inadequate oxygen delivery to the body. As you know, we need oxygen to survive.

According to the U.S. Consumer Product Safety Commission, more than 150 people in the U.S. alone die every year from accidental non-fire related CO poisoning associated with consumer products. Common causes include malfunctioning or the improper use of generators, furnaces, stoves, water heaters, and fireplaces. It is produced any time a fossil fuel is burned, specifically by the incomplete combustion various fuels including coal, wood, charcoal, oil, kerosene, propane, and natural gas.

You Can Prevent Carbon Monoxide Exposure!

- **DO** have your heating system, water heater and any other gas, oil, or coal burning appliances serviced by a qualified technician every year.
- **DO** install a battery-operated or battery back-up CO detector in your home. Test alarms and replace batteries as needed per manufacturer’s instructions. If the detector sounds leave your home immediately and call 911.
- **DO** have CO detectors on each floor and in each room that a CO producing device is present (i.e. stove, water heater, etc.)
- **DO** get outside to fresh air immediately, and then **call 911** if you suspect CO poisoning.

  **NOTE:** Symptoms of carbon monoxide poisoning are initially similar to the flu (without the fever): headache, dizziness, weakness, nausea, and fatigue. High levels or prolonged exposure results in progressively more severe symptoms: Confusion, vomiting, loss of muscular coordination, loss of consciousness, and ultimately -- death.

- **DO NOT** use a generator, charcoal grill, camp stove, or other gasoline or charcoal-burning device inside your home, basement, or garage or near a window.
- **DO NOT** run a car or truck inside a garage attached to your house, even if you leave the door open.
- **DO NOT** burn anything in a stove or fireplace that isn’t vented.
- **DO NOT** heat your house with a gas oven.

**DID YOU KNOW?** Studies show that a **portable gas-powered generator** can create as much as 100x more poisonous carbon monoxide gas than a car’s exhaust. Keep generators outdoors and as far away (at least 20 feet) from the house (especially doors and windows) as possible.

Located near (or in) Anchorage:  
- **Church of the Nations** - 1101 East 3rd Ave - 907-274-9595  
- **Eagle River** - 1928 Juneau St - 907-770-9846

*Hot Meals: serves, hot, nutritious food at different times of the day  
- **St. John Methodist** - 1220 E St - 907-274-4673  
- **New Hope Compassionate Ministries** - 2511 Sentry Dr - 907-891-1156  
- **Mountain Coast Vineyard** - 17108 Hanson Drive - 907-694-9395  
- **Jewel Lake Church of the Nazarene MFP** -  4025 W 88th Ave

**FOOD PANTRY:**  
- **Lutheran Church of Hope** - 1st & 4th Sat 4/4 & 4/25  
- **St. Francis House** - 2nd & 3rd Sat 4/11 & 4/18  
- **Voice of Christ JCCAK Food Pantry** - 3rd Thurs 4/16  
- **Salvation Army Family Emergency Services** - 4th Wed 4/22

**MOBILE FOOD PANTRY:**  
- **Muldoon Community** - 1st & Last Friday 4/3 & 4/24  
- **St. Francis House** - 3rd Saturday 4/18

**Call 2-1-1 for information on schedule updates & other services**

**FOOD DISTRIBUTION LOCATIONS (for places listed on the calendar above)**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30am-9:00am</td>
<td>11:30am-1pm</td>
<td>1:30pm-4:30pm</td>
<td>9:00am-1:00pm</td>
<td>3:00pm-5:00pm</td>
<td>11:30am-1pm</td>
<td>1:30pm-4:30pm</td>
</tr>
<tr>
<td>9am-10am &amp; 1pm-2pm</td>
<td>11:30am-1pm</td>
<td>1:30pm-4:30pm</td>
<td>9:00am-1:00pm</td>
<td>3:00pm-5:00pm</td>
<td>11:00am-2:00pm</td>
<td>1:00-4:00pm</td>
</tr>
</tbody>
</table>

**SUNDAY**
- **Chugiak-Eagle River FP** - Deliveries - 907-277-0818  
- **Eagle River** - 102 Heavenly Valley Dr - 907-783-0127  
- **Girdwood Chapel** - 2511 Sentry Dr - 907-891-1156

**Girdwood & Four-Valley Residents**
- **F.I.S.H.** - 9am-10:30am & 1:00-4:00pm
- **Open Door Mission** - 11:00am-2:00pm
- **Mountain View** - 1:30pm - 4:30pm
- **St. Francis House** - 1pm

**Anchorage Northside SDA**
- **Downtown Hope Center** - 12pm - 4:00pm

**Downtown Hope Center**
- **Church of the Nations** - 12pm - 4:00pm
- **Lutheran Social Services** - 1pm

**MLK Jr. Foundation/Shiloh Mission**
- **F.I.S.H.** - 1:00-4:00pm
- **Girdwood Chapel** - 1pm

**Fresh Produce**
- **Lutheran Social Services** - 1st 4 Saturdays 4/4, 4/11, 4/18, 4/25
- **St. Francis House** - 2nd & 3rd Saturday 4/11 & 4/18
- **Voice of Christ JCCAK** - 3rd Thursday 4/16
- **MLK Jr. Foundation/Shiloh Mission** - 1st & Last Friday 4/3 & 4/24
- **St. Francis House** - 3rd Saturday 4/18
- **Salvation Army Family Emergency Services** - 4th Wednesday 4/22

**Hot Meal & Pantry**
- **St. John Methodist** - 11:00am-2:00pm
- **New Hope Compassionate Ministries** - 1:30pm - 4:30pm
- **Mountain Coast Vineyard** - 5pm
- **Jewel Lake Church of the Nazarene MFP** - 5pm
- **St. Francis House** - 1:30pm - 4:30pm
- **Salvation Army Family Emergency Services** - 1:30pm - 4:30pm
- **Open Door Mission** - 11:00am-2:00pm

**Closed**
- **Church of the Nations** - 11/30 & 4/26 1:30pm - 4:30pm
- **F.I.S.H.** - 1:00-4:00pm
- **Open Door Mission** - 11:00am-2:00pm
- **Mountain View** - 1:30pm - 4:30pm
- **St. Francis House** - 1pm

**Mountain View MFP**
- **Centennial Village MFP** - 11am-12:30pm
- **Chugiak-Eagle River FP** - Deliveries - 907-277-0818
- **Eagle River** - 102 Heavenly Valley Dr - 907-783-0127
- **F.I.S.H.** - 9am-10:30am & 1:00-4:00pm
- **Open Door Mission** - 11:00am-2:00pm
- **Mountain View** - 1:30pm - 4:30pm
- **St. Francis House** - 1pm

**Mountain Coast Vineyard**
- **MLK Jr. Foundation/Shiloh Mission** - 1st & Last Friday 4/3 & 4/24
- **St. Francis House** - 3rd Saturday 4/18
- **Salvation Army Family Emergency Services** - 4th Wednesday 4/22

**Jewel Lake Church of the Nazarene MFP**
- **Anchorage Northside SDA** - 12pm - 4:00pm
- **Downtown Hope Center** - 12pm - 4:00pm
- **Church of the Nations** - 12pm - 4:00pm
- **Lutheran Social Services** - 1pm
- **MLK Jr. Foundation/Shiloh Mission** - 1st & Last Friday 4/3 & 4/24
- **St. Francis House** - 3rd Saturday 4/18
- **Salvation Army Family Emergency Services** - 4th Wednesday 4/22

**Call 2-1-1 for information on schedule updates & other services**

*To receive this calendar by e-mail, please contact: programs@foodbankofalaska.org*
Learn about 2020 Census
How to participate and be counted

**STEP 1: FILL OUT THE FORM**
- Alaska receives almost $3.5 billion dollars in federal funding annually based on U.S. Census data.
- If you’re Alaska Native, but you don’t fill out the form, your community could lose almost $3,500 annually for tribal programs such as Head Start, SNAP, TANF, and WIC.
- If a Native family of four isn’t counted, your community could lose about $14,000 annually.
- 10 questions, 10 minutes, 10 years of impacts.

**STEP 2: LIST YOURSELF AS ‘PERSON 1’**
- If you’re Alaska Native, and you live in a mixed Native and non-Native (White) household—whether you’re a spouse or significant other—please list the Native person as ‘Person 1’ for question 5.
- If ‘Person 1’ says he or she is ‘American Indian or Alaska Native,’ then the entire household is counted as one with a Native head of household.
- ‘Person 1’ doesn’t have to be male or pay more than half of the household expenses.

**STEP 3: WRITE IN YOUR TRIBE**
- If you’re Alaska Native, please list the name of your federally recognized tribe—as opposed to your regional or village corporation—for question 9.
- If you can’t remember the name for your tribe, you can write in the name of your village.
  You can even write in more than one tribe (or village) if you associate with more than one.
- All of the federally recognized tribes in Alaska are listed at www.nativefederation.org

#AlaskaNativesCount #ThreeSteps

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**2020 U.S. CENSUS OUTREACH**
The 2020 Census is more than a population count. It’s an opportunity to shape the future of the Alaska Native community.
If you’re Alaska Native, you can help tribal communities and programs across the state get their fair share of federal funding by following three easy steps. YOU MATTER!

For more information, please contact
Nicole Borromeo at 907-267-1340 or nborromeo@nativefederation.org
NVE Newsletter

Eklutna Native Village Tribal Office
26339 Eklutna Village Road
Chugiak, AK 99567

Main Office
Phone: (907) 688-6020
Fax: (907) 688-6021
Email: smunson@eklutna.org

Land and Environment Office
Phone: (907) 688-8522
Fax: (907) 688-6021

Eklutna Village Clinic
26341 Eklutna Village Road
Chugiak, AK 99567
Phone: (907) 688-6031
Fax: (907) 688-6032